



Pictured above: Three generations of the Patel family are giving back to our health system. Read more on page 5.

Generous People Like You Will Help Thousands More People Access Top Treatment

Philanthropy will help pay for an \$8.4 million, 18,000-square-foot hospital expansion

Since she was a teenager, Carrie's eating disorder controlled her life. For nearly two decades, she was in and out of recovery, relapsing every time she encountered a major life change or challenge. Finally, she turned for help to AMITA Health Alexian Brothers Behavioral Health Hospital in Hoffman Estates.

"This program is what stuck with me," she said. "My life is more full than I ever thought it could be because my eating disorder isn't running it anymore."

Now, through the generous philanthropic support of Foundation donors like you, an 18,000-square-foot hospital expansion will ensure that more people like Carrie can access the specialized treatment they need in the best care environment possible. Already, Foundation donors have committed \$3.1 million, with total project costs estimated at \$8.4 million.

Addressing a community need

Because the hospital's outpatient programs are successful and the community's need is so great, the number of people served has nearly tripled since 2001. Overall, 30 percent more people



Pictured above: A rendering of the proposed demonstration kitchen for the eating disorders program that will be part of the outpatient hospital expansion.

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Message from Melanie

Dear Friend,

Together, we are building a community where all people are cared for—no questions asked, no matter what. In partnership with you, we are shaping the vision of faith-based healthcare in Chicago. Thank you for your ongoing support.

By investing in our Foundation, you are investing in healthcare based in values that protect and uphold the dignity of every person. You are investing in a health system that now serves more people who rely on Medicaid—among the poorest and most vulnerable members of our communities—than any other organization in Illinois.

As our health system strengthens its place in Chicago, our faith-based mission distinguishes us from other providers in our communities. Through our shared commitment to that mission, we are creating profound and lasting change in how people will access and receive healthcare services in Chicago for decades to come.

At a time of dizzying change and sobering headlines, it is grounding and empowering to remember who we are and why we are here. And it is thrilling to look ahead together with you to define our vision of where we want to go and what we want to build next. As long as we stay true to our values, and as long as we keep working together, we can build anything we can imagine.

Never have I believed that more than today. Never have I believed more in our potential to transform our community. Thank you for believing too, and for all that you do to support and sustain the people we serve.

With gratitude,



Vice President, Advancement
Alexian Brothers Foundation



Melanie Furlan
Vice President, Advancement
Alexian Brothers Foundation

Introducing Alexian Brothers Foundation Board Members

We are very pleased to introduce Foundation Board Members Larry G. Swets, Jr., CEO, Kingsway Financial Services; Janice Vlazny of Holistic Wealth Management; and George Wienold, CEO and Principal in Charge, Bear Construction Company.



Larry G. Swets, Jr.



Janice Vlazny



George Wienold

Jaime's Life-Saving Legacy

Alverin M. Cornell Foundation to seed Jaime's Fund, support addiction recovery

After her tragic passing at age 31, it became clear through memories and stories shared by Jaime's family and friends that her compassion was as limitless as her reach. "Jaime listened to me," family and friends from all over the world said. "Jaime acknowledged me." "Jaime gave me hope." "She was my guiding light," one friend wrote. "She was my best friend."

Many friends said Jaime had saved their lives. They said Jaime was the bravest person they knew. Jaime, who herself had struggled with and recovered from addiction, was credited by many friends with their recoveries. One friend said his nephew had been contemplating suicide when Jaime reached out to talk with him and bring him back from the brink. Jaime sent another friend money when she had little to spare, so that he could make his rent. When he reached out to Jaime to try to pay her back, she wouldn't take his money. Instead, she told him, "Pay it forward."

Now, despite the pain and grief of the untimely loss of their loved one, Jaime's family and friends are honoring her memory by paying forward her spirit of boundless kindness and compassion.

Continuing to save lives

In addition to being close friends of Jaime's family, Bill and Wendy Brewer are board members for the Alverin M. Cornell Foundation, which has been committed to supporting addiction recovery since it was established about 10 years ago. The Brewers wanted to support Alexian Brothers while honoring Jaime's memory, so earlier this year, the Alverin M. Cornell Foundation made a three-year commitment and the Brewers made a personal gift to seed Jaime's Fund.

"Jaime reached out and helped others when at times she couldn't afford to," said Bill Brewer. Now, individuals struggling with substance use disorders who have no way to pay for

ongoing treatment, which improves their outcomes in recovery, will have outpatient chemical dependency services paid for by Jaime's Fund.

"We're ecstatic about it," said Mike, Jaime's dad, who has been friends with Bill Brewer for more than 50 years and counting. "The Brewers being willing to name this fund in honor of our daughter is—I don't know if I can put that into words." Jaime's mom, Helen, said they were fortunate that they could afford Jaime's treatment when she needed it and know that there are other people who need help but can't afford it. Jaime's sisters Ally and Lauren echoed their parents' sentiments. They said it is amazing that someone else's life will be better because of Jaime and what the Brewers have done in her name—and that it's just the kind of thing that Jaime would have wanted.

Sharing Jaime's life story and legacy not only is helping comfort Jaime's grieving family and friends, but it also will foster a deeper understanding of the impact that funding addiction and mental health treatment can have. And, like Jaime, it will save lives.

Life-saving philanthropy

Every year, about 1,000 people are successfully detoxified on the specialized chemical dependency unit at AMITA Health Alexian Brothers Behavioral Health Hospital in Hoffman Estates. About 250 of them are unfunded and receive detox services for free as charity care. Due to the hold



The Alverin M. Cornell Foundation seeded Jaime's Fund to provide outpatient chemical dependency treatment to those most in need. Pictured above are Alverin M. Cornell Foundation Board Members Bill and Wendy Brewer.

addiction has on their lives, many of these individuals are in very difficult situations. Some have lost jobs, been kicked out of their homes or have criminal issues. For others, their only relationships are with people who are using.

Detox lasts three to seven days. On its own, though, detox "does not make any long-term difference in the course of their illness," said Gregory Teas, MD, chief of psychiatry, AMITA Health Behavioral Medicine Institute. Once detox is over and patients are discharged, it is recommended that they continue on in outpatient treatment to gain additional support, structure and time needed for successful recovery. For the hundreds of patients who have no way to pay for treatment, however, ongoing outpatient treatment is not feasible. Too often, they don't go on to receive it, suffer poor outcomes, and

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Jaime's Life-Saving Legacy

end up back in the difficult situations they were in when they first were admitted to the hospital.

Jaime's Fund will help break this cycle and address this need by providing funding for this population to receive outpatient treatment after completing detox.

"Alexian Brothers calls it unfunded," said Bill Brewer. "I would call it a big void. It is time to recognize and fund emotional health."

Always there for people

Jaime's friends joined family members in celebrating her life at a memorial service in California earlier this year. Another memorial service was held in New York. Still more friends reached out to her family from as far as New Zealand and Australia.

"Jaime loved everybody." "Jaime never expected anything from anyone." "Jaime was always there for people," they said.

Through Jaime's Fund and the many people who love and remember her, she still is.

Honor Jaime's memory and pay it forward to someone in need by making a gift today to Jaime's Fund at AlexianFoundation.org.

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Generous People Like You Will Help Thousands More People Access Top Treatment

are coming to the hospital today than five years ago. Many people, including those in need of eating disorders treatment, have to wait before they can be admitted.

The philanthropically supported hospital expansion will address this need, relieve these capacity problems and ensure that our neighbors, friends, family members and colleagues can receive the high-quality, high-touch care experiences they deserve when they find themselves in the vulnerable position of needing treatment.

Giving people tools they need to enjoy life

Carrie said she is a completely different person than she was before her treatment at Alexian. "I started to see value in myself and started to fight for my recovery. I started to see more good in me than bad."

Many people discharged from the hospital's outpatient programs experience similar positive outcomes. Like Carrie, they often go on to fully recover and lead happier lives, functioning better at work, school, and in their homes and relationships.

That's what treatment is for, Carrie said: To help people be the best they can be and to live in the way they were made to live. By supporting this expansion, generous people like you will provide thousands of people like Carrie the tools that every person needs to cope with life's inevitable changes and challenges—tools to enjoy life, in good times and in bad.



Pictured above: A rendering of a proposed group therapy room at AMITA Health Behavioral Health Hospital in Hoffman Estates.

Key enhancements

Thanks to the generosity of donors:

- The eating disorders program will be expanded, including the addition of a fully functional demonstration kitchen.
- State-of-the-art group rooms will be added to accommodate specialized patient needs and create better adjacencies across units.
- More individualized and private treatment areas will be added, and staffing areas will be restructured.

Passing a Spirit of Giving from Generation to Generation

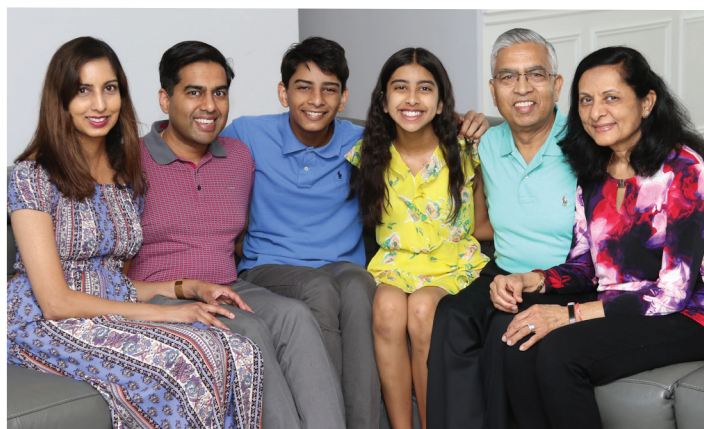
The Patel family finds meaning in their lives by giving back

The Patel family and Alexian Brothers have been intertwined for decades. As soon as Ishwar Patel, MD, completed his medical residency in the 1970s, he joined the staff of Alexian Brothers Medical Center in Elk Grove Village. And as soon as his son Rupesh Patel, DO, finished his residency a couple of decades later, he started his career at St. Alexius Medical Center in Hoffman Estates.

With this and their family's long-standing relationship with Alexian Brothers on their minds, the father and son started discussing how to give back to the institution that had provided in so many ways for themselves and their families. In January, Rupesh became the 100th member of the Foundation's Physician Council. Soon after, his father joined. Krish and Karissa, Rupesh's son and daughter, are involved in the Foundation Youth Board.

"I think it's important at an early age to learn about giving back and the concept of paying it forward," said Rupesh. "Our family's been benefited and blessed in many ways. And so it's important to me to teach my children the spirit of giving—not just giving financially but also giving your time and effort in order to help others."

Both Drs. Patel have seen how important the Foundation is to carrying on the Alexian Brothers mission. Ishwar was the department chair for obstetrics and gynecology when the women and children's hospital was built. Rupesh said he sees the impact of rising insurance costs and decreasing coverage on his patients. They know that the Foundation helps the health system continue to care for patients who, in many cases, might not otherwise be able to access care. They are excited to do more to support that mission.



The Patel family, pictured from left: Susan, Rupesh Patel, DO, Krish, Karissa, Ishwar Patel, MD, and Lila.

"I think the meaning of life is what we are able to give back," said Ishwar. "To be born as a human being is a blessing. To be able to help the creation of our creator in whatever capacity I can is a blessing."

Father and son are instilling those core beliefs and values in their children and grandchildren, so that they may carry on that spirit of giving for generations to come.

One Year, Countless Lives Changed

Hundreds helped in first year at Foglia Family Foundation Residential Treatment Center

The philanthropic leadership of the Foglia Family Foundation and many other generous donors enabled AMITA Health to complete its continuum of behavioral healthcare with the April 2017 addition of the Foglia Family Foundation Residential Treatment Center. In its first year of operations:

- 216 people gained tools and skills to manage their anxiety, obsessive-compulsive disorder (OCD) or chemical dependency.
- 105 of them were struggling with co-occurring disorders and received residential treatment that addressed all of these struggles.
- 12 U.S. military veterans, spouses or adult children received free treatment for post-traumatic stress, anxiety, OCD and substance use.
- All residents benefited from AMITA Health's full care continuum and advanced technology, including weekly virtual reality therapy sessions.

Event Sponsors and Guests Raise More than \$1 Million for Families in Our Communities

Nearly \$800,000 raised at the 32nd Ball de Fleur for individuals with mental health issues

Presenting Sponsor Superior Ambulance Service, 30 corporate sponsors and 465 guests raised nearly \$800,000 on May 5 at the Ball de Fleur to help people access best-in-class behavioral health services.

“We’ve had an outsized commitment to mental health services for decades,” said AMITA Health President and CEO Mark Frey. “We believe it needs to be built into the fabric of our healthcare system, because when you do that you strengthen families and individuals, and have better outcomes.”

The lives of many more families and individuals will be changed for the better thanks to the incredible generosity of guests and sponsors who celebrated together on a beautiful evening at the Lincoln Park Zoo. Families like Aiden’s and Aerielle’s are among the many who benefit from our community’s commitment to mental health. Because of the free, specialized services they received, today they are living to their potential, and their futures are bright.



Pictured above from left in front of the outdoor exhibit of the Lincoln Park Zoo’s Kovler Lion House: Mistress of Ceremonies Robin Robinson, Mary Franco, Vice President, Superior Air-Ground Ambulance Service, AMITA Health President and CEO Mark Frey, and Melanie Furlan, Vice President, Advancement, Alexian Brothers Foundation.

Learn how donors helped change Aiden’s and Aerielle’s lives in a video at AlexianFoundation.org.

Nearly \$84,000 raised for healthy kids, women and communities

Children and families in need of specialized care for pediatric, adolescent and maternal fetal health illnesses will benefit from the leadership and generosity of the Foundation Board for AMITA Health Alexian Brothers Women & Children’s Hospital and the 160 guests who supported this year’s 6th Annual Off to the Races on June 15. Led by Triple Crown Sponsors The Fitzgerald Family Foundation and Superior Ambulance Service, the Arlington Park event raised nearly \$84,000 to support the hospital’s advanced programs and services for all families in the area. Amy Davis, PhD, a pediatric neuropsychologist for the Center for Pediatric Brain, said donations were a gift beyond measure for families without resources who will now be able to receive scholarships to have their children assessed for learning disabilities, epilepsy and other neurodevelopmental issues. Special thanks to the Hospital’s Foundation Board: Chair Karen Fitzgerald, Event Chair Dottie Rzeszutko, Rocelyn Caviles, Matt Cunningham, Rema Johnson, MD, Cheryl Rabine and Anne Sauri.



Pictured above: Allen and Rocelyn Caviles with their daughter Alexis (center). Rocelyn is a member of the Women & Children’s Hospital Foundation Board.

Taste for Life secures a place for people in need of housing

About 55 friends of the Alexian Brothers Housing and Health Alliance invested in helping to house and support formerly homeless men and women impacted by HIV/AIDS on June 21 at the 15th Annual Taste for Life. The event, led by Alexian Brothers Housing and Health Alliance Board Chair Julie Geils and Jeanne LaBee, raised \$12,500.

\$120,000 raised at first School Mental Health Golf Outing

Too often anxiety, depression, violence and even suicide intersect the lives of children and adolescents in our communities. It's why Foundation Board Member Karen Fitzgerald and her husband Robert organized the first School Mental Health Golf Outing on June 25. "We want to do anything we can do to prevent (school shootings and suicides) at our local schools," Karen Fitzgerald said. "Mental health appears to be at the root of many of these. There's just a huge need for somewhere for these kids to go and talk to someone." Ninety-two golfers and dinner guests joined Title Sponsor The Fitzgerald Family Foundation at Inverness Country Club, raising enough money to provide students in three area schools an onsite counselor two days a week for one school year.

11th Annual Foundation Golf Classic at Shoreacres Expected to Raise \$250,000

This year's Foundation Golf Classic is sold out, with sponsors and at least 128 golfers and guests expected to raise more than \$250,000 to support children with mental health, autism spectrum and developmental disorders while playing one of the world's top golf courses on August 20.

Learn more at AlexianFoundation.org.



Pictured above (from left): Paul Pasin, Dan Coha, Foundation Board Member Karen Fitzgerald, Father Terry Keehan and Phil Andrew at the School Mental Health Golf Outing.



Pictured above: Phil Andrew, who was shot by Laurie Dann in 1988, speaks at the golf outing. Andrew now serves as the director of violence prevention initiatives for the Archdiocese of Chicago.

View event photos at Facebook.com/AlexianBrothersFoundation.

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OUR STAFF

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Julie Baker

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Alexian Brothers Foundation

The Alexian Brothers Foundation is a faith-based partnership comprised of dedicated community leaders, physicians and AMITA Health Alexian Brothers Health System associates. We actively pursue high-impact philanthropic solutions to our community's most pressing healthcare needs with a special focus on healing our most vulnerable. Through the AMITA Health Alexian Brothers Health System, we carry out the healing mission of the Catholic Church and honor the legacy of our founders, the Congregation of Alexian Brothers.

Find Us on Facebook

 facebook.com/AlexianBrothersFoundation

If you would like to remove your name from future fundraising mailings from the Alexian Brothers Foundation, please call 847.385.7366 or write: Alexian Brothers Foundation, 3040 Salt Creek Ln., Arlington Heights, IL 60005

If you are in the hospital, someone from the Foundation would like to stop by and visit with you from time to time, and thank you personally for your gifts of time and treasure. If you do not wish to receive a visit, please call 847.385.7366.